

# Prime Areas

Focus on Prime Areas for 0-3 Years

## PSED – PERSONAL SOCIAL AND EMOTIONAL DEVELOPMENT

- Being a good friend and person.
- Separating from main carer.
- Building relationships with adults and children.
- Behaving appropriately.
- Sharing and taking turns. Tolerating delays.
- Building confidence to try new things.
- Talking about home and different ways of life.
- Following rules and boundaries.
- Being motivated and eager to learn.
- Being independent and seeking challenge.
- Building self esteem and a sense of identity.
- Recognising and managing feelings and emotions.

## PD- Physical Development

- Moving in different ways (walk, jump, run, skip climb, crawl etc.)
- Being Safe.
- Being Hygienic (washing hands and keeping clean)
- Independence with toileting.
- Being healthy (eating, sleeping and exercising)
- Dressing themselves
- Using a range of tools with control (scissors, building, computer mouse.)
- Holding a pencil with control.
- Forming letter shapes.

## CL- Communication & Language

- Talking, questioning and explaining.
- Making sounds when playing.
- Name objects and actions.
- Retell past events and talk about what might happen in the future.
- Listening to others in 1:1 conversation.
- Using language to sequence, explain and clarify.
- Listening to stories and rhymes.
- Building up a large vocabulary.
- Using new words and phrases from stories.
- Pretend play with others.
- Confidence to speak in front of other.



## The Early Years Foundation Stage

A quick guide to the 7 areas of learning of the EYFS Curriculum.

The skills your child will develop during the Early Years Foundation Stage.

## Learning Life Skills

### Characteristics of Effective Learning

#### Playing and exploring – engagement

Finding out and exploring  
Playing with what they know  
Being willing to 'have a go'

#### Active learning – motivation

Being involved and concentrating  
Keeping trying  
Enjoying achieving what they set out to do

#### Creating and thinking critically – thinking

Having their own ideas  
Making links  
Choosing ways to do things

# Specific Areas

## L- Literacy (Reading and Writing)

- Having favourite stories and rhymes.
- Look at books independently, turning the pages.
- Understand that print conveys meaning.
- Joining in with repeated phrases from stories and rhymes.
- Learning how stories are structured and predicting what will happen next.
- Learning about different types of books.
- Experimenting with different forms of writing (lists, letters, stories etc.)
- Holding a pencil and forming some letters and words correctly.
- Recognising sounds and letters in words.
- Writing words, captions and sentences.

## MD – Mathematical Development

- Counting and singing number rhymes.
- Recognising and writing numbers.
- Adding and subtracting.
- Solving practical number problems.
- Recognising shapes
- Using size language (big, small, long, tall, biggest, longest)
- Using Positional and directional language. (top, bottom, next to, behind, left, right)

## UW – Understanding the world

- Have sense of family and the wider world.
- Exploring and investigating
- Asking questions. Talking about why things happen.
- Using a computer and other technology.
- Talking about their lives and others around the world.
- Being interested in nature and their local environment.

## EAD: Expressive Arts and Design

- Use a range of tools when drawing, painting, printing, collages, constructing and modelling.
- Talking about creations (reasons for actions, likes and dislikes)
- Exploring different textures, colours and materials.
- Dancing- moving rhythmically
- Singing songs and rhymes.
- Musical Instruments - exploring sounds and rhythms.
- Imaginative play (small world, role play, dressing up)